



# Referral Instructions

- All referral sources must fill out **General Information** and **Health Information**, obtain the **client's signature** if client is present, and fill out **Provider Information**.
- All corresponding sections for **applicable diagnoses** must also be completed.
- We cannot accept progress notes
- **SERVICES CANNOT BE STARTED WITHOUT ALL REQUIRED INFORMATION AND SIGNATURES.**

## SERVICE ELIGIBILITY

MANNA provides temporary, medically tailored meals for individuals with a serious illness AND an acute nutritional risk. Please read the criteria below to determine if your patient may be eligible for MANNA's services. Once all information is completed and returned, MANNA's Nutrition & Client Services Department will determine final eligibility. We will contact you if your patient does **not** qualify for services.

### Eligibility criteria:

Clients must have a diagnosis AND secondary nutritional risk factor(s).

See below for a sample of qualifying conditions

#### **DIAGNOSES** (examples)

- HIV/AIDS
- Cancer (undergoing active treatment)
- End Stage Renal Disease
- Heart Disease
- Diabetes
- Hep C or Liver Disease

#### **SECONDARY NUTRITIONAL RISK FACTORS:** (examples)

- New diagnosis with disease-related complications
- Start of medical treatment (hemodialysis, chemotherapy, radiation, wound care)
- Recent, unintentional weight loss
- Recent hospitalization (within one month and length of stay >3 days)
- Recovery from a recent surgery

## COMPLETED FORMS

### Email:

Clientservices@mannapa.org

### Mail:

MANNA Client Services  
420 North 20th Street  
Philadelphia, PA 19130

### Fax:

(215) 496-9102

Attn: MANNA Client  
Services

## QUESTIONS?

Please call MANNA's Nutrition &  
Client Services Department at

215-496-2662 x5

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# Referral Form

**COMPLETED FORMS:****Email:** [Clientservices@mannapa.org](mailto:Clientservices@mannapa.org)**Mail:**MANNA Client Services  
420 North 20th Street  
Philadelphia, PA 19130**Fax:**(215) 496-9102  
Attn: MANNA  
Client Services

## GENERAL INFORMATION *required*

Client is referred for: ☐ Nutrition Counseling ☐ Meal Delivery ☐ Both

Name First: \_\_\_\_\_ Last: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Street Address: \_\_\_\_\_ Apartment: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Alt Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Gender: ☐ Male ☐ Female ☐ Trans Female ☐ Trans Male ☐ Other: \_\_\_\_\_Ethnicity: ☐ Hispanic ☐ Non-HispanicRace (please check all that apply): ☐ American Indian or Alaska Native ☐ Asian ☐ Black or African American  
☐ Native Hawaiian or Pacific Islander ☐ White ☐ Other: \_\_\_\_\_Language: ☐ English ☐ Spanish ☐ Other: \_\_\_\_\_

## HEALTH INFORMATION *required*

Please select all patient diagnoses and complete all corresponding sections.

- ☐ HIV/AIDS (Section A) ☐ Diabetes (Section B) ☐ Cancer (Section C) ☐ Kidney Disease (Section D)  
☐ Cardiovascular disease (Section E) ☐ Wounds (Section F) ☐ Other: \_\_\_\_\_ (Section G)  
or hypertension

### Weight History

**REQUIRED:** Current Height: \_\_\_\_\_ Current Weight: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Weight 1 Month Ago: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ OR \_\_\_\_ No Record

Weight 3 Months Ago: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ OR \_\_\_\_ No Record

Weight 6 Months Ago: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ OR \_\_\_\_ No Record

Blood Pressure: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ or No Record: \_\_\_\_\_

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## HEALTH INFORMATION *continued*

**Hospitalization in the last 30 Days?**    ☐ **Yes** (please specify below)    ☐ **No**    ☐ **No Record**

Admit Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Discharge Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

Admit Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Discharge Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

**Surgery in the last 30 Days?**    ☐ **Yes** (please specify below)    ☐ **No**    ☐ **No Record**

Admit Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Discharge Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

Admit Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Discharge Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

**Food Allergies:** \_\_\_\_\_

Please describe reaction and severity: \_\_\_\_\_

### **FOOD ALLERGY NOTICE:**

MANNA is **not** an allergen-free facility. MANNA's meals are produced in a facility that uses milk, eggs, fish, shellfish, tree nuts, peanuts, wheat, and soybeans. Cross-contamination may occur.

## CLIENT AGREEMENTS *required*

**If you are NOT with the client**, a MANNA staff member will contact the client to obtain all required signatures, however this will delay the start of services. You may skip this section.

**If you ARE with the client**, please download and print the following forms. After the client has an opportunity to review these forms, have the client sign below. Please note, we can only accept signatures directly from the client. Verbal consent is not accepted.



### **CLIENT AGREEMENTS & NOTICE OF PRIVACY PRACTICES**

**<https://mannapa.org/clientagreements>**

Please sign and date below acknowledging receipt of and agreement with MANNA's **Client Agreement and Release of Liability** (Document 1), **Consent to Enter Home** (Document 2), and **Client Release of Medical Information & Privacy Notice** (Document 3). By signing and acknowledging receipt of said documents, you agree to be bound to the provisions thereof.

**Client Name (Print):** \_\_\_\_\_ **Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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# PROVIDER INFORMATION *required*

## Referral Source Information:

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

☐ Case Manager ☐ Social Worker ☐ Registered Dietitian ☐ Doctor ☐ Nurse ☐ Other: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-Mail: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

A Recertification process will occur in the first few months from the start of the client's services. Will you be the provider that continues to follow this client? ☐ Yes ☐ No

If not, who will follow this client? \_\_\_\_\_

By signing below, you certify that all information provided on this form is true and correct to the best of your knowledge:

Referral Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

## Medical Care Provider(s) Information: *if different from referral source*

### Provider 1

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

☐ Case Manager ☐ Social Worker ☐ Registered Dietitian ☐ Doctor ☐ Nurse ☐ Other: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-Mail: \_\_\_\_\_

### Provider 2

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

☐ Case Manager ☐ Social Worker ☐ Registered Dietitian ☐ Doctor ☐ Nurse ☐ Other: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-Mail: \_\_\_\_\_

*Continue to all sections that correspond with client's disease state(s)*

## SECTION A: HIV/AIDS

**For Clients diagnosed with HIV/AIDS, a copy of their Ryan White Eligibility Form or the following must be provided with the Referral Form or services cannot be started.**

- Proof of HIV/AIDS status
- Picture Identification
- Proof of Address
- Proof of Income
- Proof of Medical Insurance

**Date of HIV+ Diagnosis:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Date of AIDS Diagnosis:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Mode of Transmission:** \_\_\_\_\_

**Active Opportunistic Infections (please specify or write "none"):** \_\_\_\_\_

**Hepatitis C Positive?** \_\_\_\_ Yes \_\_\_\_ No \_\_\_\_ Unknown

**Recent Lab Values:** Please provide values and dates below or mark "No Record."

Lab	Value	Date	No Record
CD4 COUNT			
VIRAL LOAD			

## SECTION B: DIABETES

**Date of Diagnosis:** \_\_\_\_/\_\_\_\_/\_\_\_\_ \_\_\_\_ **Type 1** \_\_\_\_ **Type 2** \_\_\_\_ **Other:** \_\_\_\_\_

**Recent Lab Values:** Please provide values and dates below or mark "No Record."

Lab	Value	Date	No Record
Hemoglobin A1c(%)			

### Current Medications:

- |  |  |
|--|--|
| <p>____ <b>Biguanides</b> e.g. Metformin (glucophage)</p> <p>____ <b>DPP-4 inhibitors</b> e.g. alogliptin, linagliptin, saxagliptin, sitagliptin</p> <p>____ <b>Insulin</b> (Please describe regimen: _____)</p> <p>____ <b>Meglitinides</b> e.g. nateglinide, repaglinide</p> | <p>____ <b>SGLT2 Inhibitors</b> e.g. canagliflozin, dapagliflozin, empagliflozin</p> <p>____ <b>Sulfonylureas</b> e.g. glimepiride, glipizide, glyburide</p> <p>____ <b>Thiazolidinediones</b> e.g. rosiglitazone, pioglitazone</p> <p>____ <b>Other</b> (please specify): _____</p> |
|--|--|

## SECTION C: CANCER

**Date of Diagnosis:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Metastatic?** \_\_\_\_ Yes \_\_\_\_ No

**Primary Site** (Select One):

- |                         |                                  |                     |
|-------------------------|----------------------------------|---------------------|
| ____ Bladder            | ____ Kaposi's Sarcoma            | ____ Pharyngeal     |
| ____ Bone               | ____ Laryngeal                   | ____ Prostate       |
| ____ Brain              | ____ Leukemia                    | ____ Renal          |
| ____ Breast             | ____ Liver                       | ____ Salivary Gland |
| ____ Cardiac            | ____ Lung                        | ____ Skin           |
| ____ Cervical           | ____ Lymphoma<br>(Non-Hodgkin's) | ____ Sarcoma        |
| ____ Colorectal         | ____ Melanoma                    | ____ Throat         |
| ____ Endometrial        | ____ Mesothelioma                | ____ Thyroid        |
| ____ Esophageal         | ____ Nasopharyngeal              | ____ Urethral       |
| ____ Gallbladder        | ____ Oral                        | ____ Vaginal        |
| ____ Gastric            | ____ Ovarian                     | ____ Unknown        |
| ____ Head and Neck      |                                  | ____ Other:         |
| ____ Hodgkin's Lymphoma |                                  | _____               |

**Cancer Treatment** (Select all that apply):

- ☐ **RADIATION:** Start date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Expected end date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_
- ☐ **CHEMOTHERAPY:**  
☐ **INFUSION:** Start date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Expected end date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
☐ **ORAL:** Start date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Expected end date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_
- ☐ **IMMUNOTHERAPY:** Start: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Expected end date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_
- ☐ **SURGERY:** Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Type: \_\_\_\_\_
- ☐ **OTHER:** \_\_\_\_\_  
\_\_\_\_\_

## SECTION D: KIDNEY DISEASE

**Date of Diagnosis:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Stage of Disease:** \_\_\_\_ I \_\_\_\_ II \_\_\_\_ III \_\_\_\_ IV \_\_\_\_ V

**Transplant Recipient?** \_\_\_\_ Yes (Date: \_\_\_\_/\_\_\_\_/\_\_\_\_) \_\_\_\_ No

**Dialysis Status:**

\_\_\_\_ Hemodialysis      \_\_\_\_ Peritoneal Dialysis      \_\_\_\_ Not on Dialysis

Date of First Treatment: \_\_\_\_/\_\_\_\_/\_\_\_\_      Date of First Treatment: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Evidence of current edema?** \_\_\_\_ Yes \_\_\_\_ No \_\_\_\_ No Record

**Evidence of current ascites?** \_\_\_\_ Yes \_\_\_\_ No \_\_\_\_ No Record

**Recent Lab Values:** Please provide values and dates below or mark "No Record."

Lab	Value	Date	No Record
GFR (mL/min/1.73 m2)			
BUN (mg/dL)			
Creatinine (mg/dL)			
Potassium (mEq/L)			
Phosphorus (mg/dL)			
Albumin (g/dL)			

## SECTION E: CARDIOVASCULAR DISEASE

**Active/historical cardiovascular conditions and procedures** (Select all that apply):

\_\_\_ **Hypertension** Date of diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **Hyperlipidemia** Date of diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **Heart Failure** Date of diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **MI** Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **Stroke** Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **CABG** Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **PCI** Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **Other** (please specify): \_\_\_\_\_

**Evidence of Current Edema?** \_\_\_ **Yes** \_\_\_ **No** \_\_\_ **No Record**

**Recent Lab Values:** Please provide values and dates below or mark "No Record."

Lab	Value	Date	No Record
Total Cholesterol (mg/dL)			
LDL- C (mg/dL)			
HDL- C (mg/dL)			
Triglycerides (mg/dL)			

**Current Medications** (Select all that apply):

\_\_\_ **Cholesterol-lowering medication(s)** e.g. statins, cholesterol absorption inhibitors

\_\_\_ **Blood pressure lowering medication(s)** e.g. beta blockers, ACE inhibitors

\_\_\_ **Diuretic(s)**

\_\_\_ **Anti-coagulant(s)** e.g. warfarin, rivaroxaban



## SECTION F: WOUND(S)

Pressure Injury? \_\_\_\_ Yes \_\_\_\_ No Date of Diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Injury 1

Stage: \_\_\_\_\_

Measurement: \_\_\_\_\_

### Injury 2

Stage: \_\_\_\_\_

Measurement: \_\_\_\_\_

Surgical wound? \_\_\_\_ Yes \_\_\_\_ No Date of Diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Wound 1

☐ Healing ☐ Non-healing (>2 weeks)

Measurement: \_\_\_\_\_

### Wound 2

☐ Healing ☐ Non-healing (>2 weeks)

Measurement: \_\_\_\_\_

Other wound? \_\_\_\_ Yes \_\_\_\_ No Date of Diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

Please describe the wound: \_\_\_\_\_

### Interventions

Wound Care/Pressure Relief? \_\_\_\_ Yes \_\_\_\_ No

Dietary Supplement? \_\_\_\_ Yes \_\_\_\_ No

If Yes, Type: \_\_\_\_\_ Frequency: \_\_\_\_\_

## SECTION G: OTHER

Diagnosis: \_\_\_\_\_ Date of diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

Recent Lab Values: Please provide values and dates below.

Lab	Value	Date

Current Medications: \_\_\_\_\_

Treatment Plan: \_\_\_\_\_