

Watermelon Feta Salad

Source: A Couple Cooks

Ingredients:

- 8 cups watermelon, cubed
- 1 cup cucumber, sliced
- 2 oz Feta cheese crumbles
- Zest of 1/2 lemon
- 4 basil leaves, thinly sliced

Prep Time: 10 min Cook Time: 0 mins Servings: 6

Directions:

- Combine the watermelon and cucumbers on a platter. Sprinkle with feta crumbles, basil leaves, and lemon zest.
- 2. Taste and adjust flavors as desired. (If you'd like, you can add freshly ground black pepper and a drizzle of olive oil.) Serve immediately.*

*If making ahead, refrigerate the cubed watermelon separately: it releases a lot of water after it is cut. Then assemble the salad directly before serving.



Watermelon Mint Popsicles

Source: Jessica in the Kitchen

Ingredients:

- 6 Cups Watermelon Chunks, seeds removed
- 3 Tablespoons Lime Juice
- 20-30 mint leaves finely diced
- 8 Popsicle Sticks

Prep Time: 10 min. Freeze Time: 8 hrs Servings: 8

Directions:

- 1. To the blender/food processor, add watermelon and lime juice and blend until smooth. Fold in the diced mint leaves.
- 2. Pour the mixture into 8 popsicles molds equally.
- 3. Place the molds in the freezer and freeze until slightly firm, about 1 2 hours. Insert the popsicle sticks into the center of each mold. The mixture should be slightly solid enough to hold the popsicle sticks in place without them sliding over.
- 4. Return to the freezer and freeze until firm, about 4 to 6 hours.
- 5. Remove popsicles when ready and let sit on the counter for about 5 minutes to remove from the molds. Enjoy!



Gazpacho



Source: Eric Gantz (MANNA chef!)

Ingredients:



- 2 red bell peppers, diced
- 1 jalapeno, seeded and diced
- 1 TBSP garlic cloves, chopped
- 24 oz golden Italian dressing
- 116 oz can diced tomatoes
- 1 TBSP sour cream for garnish

Prep Time: 20 min Cook Time: 0 mins Servings: 4-6

Directions:

- 1. Chop the cucumbers, bell peppers, and jalapeno.
- 2. Combine the chopped vegetables with all other ingredients into a large bowl and stir to mix.
- 3. Refrigerate the mixture for at least 2 hours.
- 4. Garnish with a dollop of sour cream and enjoy!