Addressing disease-associated MALNUTRITION in the community

Data Snapshot

Methods: Clients were assessed for their risk of malnutrition at the start of MANNA's medically tailored meal program (intake) and during the recertification process (follow-up) to measure change in nutritional status:

- **MALNUTRITION SCREENING TOOL (MST)**
- **488 TOTAL CLIENTS**
- **ENROLLED IN CALENDAR YEAR 2020**
- **AVERAGE OF 4.6 MONTHS OF MEAL DELIVERY PER CLIENT**

Results: There was a 34% reduction in the proportion of clients who screened at-risk for malnutrition at intake vs. follow-up across all disease states*.

Reductions by **DISEASE STATE:**

- **HIV/AIDS***: 43%
- **CANCER***: 39%
- **RENAL DISEASE**: 38%
- **DIABETES**: 31%
- **HEART DISEASE**: 26%

*McNemar Test (p<.001)  **McNemar Test (p<.05)  ***not a significant difference

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