



# Información Referencial

- Todas las fuentes de referencia deben completar la **Información general** y la **Información de salud**, obtener **2 firmas del cliente** (Divulgación de información médica y Acuerdo del cliente) y completar la **Información del proveedor**.
- Se deben completar todas las secciones correspondientes para las dosis aplicables.
- No podemos aceptar notas de progreso.
- **SERVICIOS NO PUEDEN COMENZAR SIN TENER TODA LA INFORMACIÓN Y FIRMAS REQUERIDAS.**

## ELEGIBILIDAD DE SERVICIO

MANNA proporciona temporalmente comidas personalizada médicamente para personas con una enfermedad grave **Y** un riesgo nutricional agudo. Lea los criterios abajo para determinar si su paciente puede ser elegible para los servicios de MANNA. Una vez que se haya completado y devuelto toda la información, el Departamento de Nutrición y Servicio al Cliente de MANNA determinará la elegibilidad final. Nos comunicaremos con usted si su paciente **no** califica para los servicios.

### Criterio de elegibilidad:

Los clientes deben tener un diagnóstico **Y** un factor(es) de riesgo nutricionales secundarios. Vea abajo para una muestra de las condiciones que califican.

#### DIAGNÓSTICOS (ejemplos)

- VIH / SIDA
- Cáncer (en tratamiento activo)
- Enfermedad renal en etapa terminal
- Diabetes
- Hepatitis C o enfermedad hepática

#### FACTORES DE RIESGO NUTRICIONAL SECUNDARIOS (ejemplos)

- Nuevo diagnóstico con complicaciones relacionadas con la enfermedad.
- Inicio del tratamiento médico (hemodiálisis, quimioterapia, radiación, cuidado de heridas).
- Pérdida de peso reciente, no intencional
- Hospitalización reciente (dentro de un mes y estuvo hospitalizado mas de 3 días)
- Recuperación de una cirugía reciente.

## FORMULARIOS COMPLETOS

### Correo:

MANNA Client Services  
420 North 20<sup>th</sup> Street  
Philadelphia, PA 19130

### Fax:

(215) 496 – 9102  
Attn: MANNA Client Services

## ¿ALGUNA PREGUNTA?

Por favor llame al departamento de nutrición y servicios al cliente –  
**215-496-2662 x1**

**¿ALGUNA PREGUNTA?** Por favor llame a MANNA's departamento de nutrición y servicios al cliente – **215-496-2662 x1**

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# Referral Form

MAIL OR FAX COMPLETED FORMS:

**Mail:**  
MANNA Client Services  
420 North 20th Street  
Philadelphia, PA 19130

**Fax:**  
(215) 496-9102  
Attn: MANNA  
Client Services

## GENERAL INFORMATION *required*

Client is referred for: ☐ Nutrition Counseling ☐ Meal Delivery ☐ Both

Name First: \_\_\_\_\_ Last: \_\_\_\_\_ Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_

Street Address: \_\_\_\_\_ Apartment: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_ Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Alt Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_

Gender: ☐ Male ☐ Female ☐ Trans Female ☐ Trans Male ☐ Other: \_\_\_\_\_

Ethnicity: ☐ Hispanic ☐ Non-Hispanic

Race (please check all that apply): ☐ American Indian or Alaska Native ☐ Asian ☐ Black or African American  
☐ Native Hawaiian or Pacific Islander ☐ White ☐ Other: \_\_\_\_\_

Language: ☐ English ☐ Spanish ☐ Other: \_\_\_\_\_

## HEALTH INFORMATION *required*

Please select all patient diagnoses and complete all corresponding sections.

- ☐ HIV/AIDS (Section A) ☐ Diabetes (Section B) ☐ Cancer (Section C) ☐ Kidney Disease (Section D)  
☐ Cardiovascular disease (Section E) ☐ Wounds (Section F) ☐ Other: \_\_\_\_\_ (Section G)  
or hypertension

### Weight History

**REQUIRED:** Current Height: \_\_\_\_\_ Current Weight: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Weight 1 Month Ago: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ OR \_\_\_\_ No Record

Weight 3 Months Ago: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ OR \_\_\_\_ No Record

Weight 6 Months Ago: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ OR \_\_\_\_ No Record

Blood Pressure: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ or No Record: \_\_\_\_\_

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# HEALTH INFORMATION *continued*

**Hospitalization in the last 30 Days?**    ☐ **Yes** (please specify below)    ☐ **No**    ☐ **No Record**

Admit Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Discharge Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

Admit Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Discharge Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

**Surgery in the last 30 Days?**    ☐ **Yes** (please specify below)    ☐ **No**    ☐ **No Record**

Admit Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Discharge Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

Admit Date: \_\_\_\_/\_\_\_\_/\_\_\_\_ Discharge Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason: \_\_\_\_\_ Hospital: \_\_\_\_\_

**Food Allergies:** \_\_\_\_\_

Please describe reaction and severity: \_\_\_\_\_

## **FOOD ALLERGY AGREEMENT:**

MANNA is **not** an allergy-free facility, and there is a risk of cross-contamination even when the meal or food does not contain the allergen named above. I am aware that my patient has a food allergy (please see above) and, despite this allergy, I grant permission for my patient to receive MANNA's meal services.

**Physician Signature:** \_\_\_\_\_

(Physician Signature *required* to start MANNA services if patient has a food allergy)

# CLIENT SIGNATURES *required*

## **Client Release of Medical Information & Privacy Notice**

I, \_\_\_\_\_ authorize MANNA to release any relevant information to my care providers. This release is reciprocal, i.e., I am giving my permission for all parties identified above to communicate back and forth with one another. I understand that all information obtained by MANNA will remain confidential and will only be available to MANNA staff and volunteers as necessary for me to receive services. I am aware that I may rescind this authorization any time by notifying MANNA in writing.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_/\_\_\_\_/\_\_\_\_

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# CLIENT SIGNATURES *continued*

## Client Agreement and Release of Liability

I understand that I am participating in the MANNA meal delivery program (the "Meal Delivery Program"), in which food prepared by MANNA will be delivered to my home by a MANNA staff member or volunteer (a "MANNA Person"). In exchange for my being allowed to participate in the Meal Delivery Program, I agree to the following:

I am aware that services from MANNA are free of charge and that it is a temporary program. MANNA's services **will not** affect eligibility for other public benefits, i.e. SNAP/food stamps.

**I agree to be home between the hours of 8:00am and 5:30pm on my delivery day to get my meals.** I must call at least two days ahead to cancel or change my delivery, 215-496-2662 x2.

I understand that if I miss 2 deliveries in 4 weeks or 6 deliveries in 6 months, MANNA has the right to stop and/or cancel my services.

I agree to call Client Services right away at 215-496-2662 x5 to inform them of any changes in my address or phone number.

I will treat MANNA staff and volunteers with respect and will not be improper or verbally/physically abusive to staff or volunteers. Failure to comply will result in cancellation of service.

I know that all clients must agree to follow these rules and that MANNA has the right to stop and/or cancel services at any time if I do not comply with these set rules.

I assume all risks, known and unknown, foreseeable and unforeseeable, in any way connected with or arising out of my participation in the Meal Delivery Program. I accept personal responsibility for any liability, injury, loss, or damage in any way connected with my participation in the Meal Delivery Program.

I hereby release MANNA and its affiliates, directors, employees, agents, volunteers, donors, representatives, successors, and assigns (each, a "MANNA Party"), from any and all liability for and waive any and all claims for injury, loss, or damage, including attorneys' fees, in any way connected with my participation in the Meal Delivery Program (a "Claim"). This release does not impact my ability to bring claims against MANNA or a MANNA Party for such party's gross negligence or criminal actions.

This Agreement shall be binding upon my heirs, executors and administrators, and shall inure to the benefit of MANNA and each MANNA Party.

MANNA participates with one or more secure health information organization networks, including an HIO called HealthShare Exchange of Southeastern Pennsylvania, Inc., ("HSX") which makes it possible for MANNA to share your Health Information electronically through a secure connected network.

MANNA may share or disclose your Health Information to HSX and other secure HIOs, including HIOs contracted with the Commonwealth of Pennsylvania, and even HIOs in other states.

Other health care providers, including physicians, hospitals and other health care facilities, that are also connected to the same HIO network as MANNA can access your Health Information for treatment, payment and other authorized purposes, to the extent permitted by law.

You have the right to "opt-out" or decline to participate in having MANNA share your Health Information through networked HIOs. If you choose to opt-out of data-sharing, through a verbal or written request, MANNA will no longer share your Health Information through an HIO network

Client Signature: \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

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# PROVIDER INFORMATION *required*

## Referral Source Information:

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

☐ Case Manager ☐ Social Worker ☐ Registered Dietitian ☐ Doctor ☐ Nurse ☐ Other: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-Mail: \_\_\_\_\_

Street Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

A Recertification process will occur in the first few months from the start of the client's services. Will you be the provider that continues to follow this client? ☐ Yes ☐ No

If not, who will follow this client? \_\_\_\_\_

Referral Signature: \_\_\_\_\_ Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

## Medical Care Provider(s) Information: *if different from referral source*

### Provider 1

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

☐ Case Manager ☐ Social Worker ☐ Registered Dietitian ☐ Doctor ☐ Nurse ☐ Other: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-Mail: \_\_\_\_\_

### Provider 2

Name: \_\_\_\_\_ Organization: \_\_\_\_\_

☐ Case Manager ☐ Social Worker ☐ Registered Dietitian ☐ Doctor ☐ Nurse ☐ Other: \_\_\_\_\_

Phone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ Fax: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-Mail: \_\_\_\_\_

*Continue to all sections that correspond with client's disease state(s)*

## SECTION A: HIV/AIDS

For Clients diagnosed with HIV/AIDS, a copy of their **Ryan White Eligibility Form** or the following **must be provided** with the Referral Form or services cannot be started.

- Proof of HIV/AIDS status
- Picture Identification
- Proof of Address
- Proof of Income
- Proof of Medical Insurance

Date of HIV+ Diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

Date of AIDS Diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

Mode of Transmission: \_\_\_\_\_

Active Opportunistic Infections (please specify or write "none"): \_\_\_\_\_

Hepatitis C Positive? \_\_\_\_ Yes \_\_\_\_ No \_\_\_\_ Unknown

Recent Lab Values: Please provide values and dates below or mark "No Record."

| Lab        | Value | Date | No Record |
|------------|-------|------|-----------|
| CD4 COUNT  |       |      |           |
| VIRAL LOAD |       |      |           |

## SECTION B: DIABETES

Date of Diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_ \_\_\_\_ Type 1 \_\_\_\_ Type 2 \_\_\_\_ Other: \_\_\_\_\_

Recent Lab Values: Please provide values and dates below or mark "No Record."

| Lab               | Value | Date | No Record |
|-------------------|-------|------|-----------|
| Hemoglobin A1c(%) |       |      |           |

### Current Medications:

\_\_\_\_ **Biguanides** e.g. Metformin (glucophage)

\_\_\_\_ **DPP-4 inhibitors** e.g. alogliptin, linagliptin, saxagliptin, sitagliptin

\_\_\_\_ **Insulin** (Please describe regimen: \_\_\_\_\_)

\_\_\_\_ **Meglitinides** e.g. nateglinide, repaglinide

\_\_\_\_ **SGLT2 Inhibitors** e.g. canagliflozin, dapagliflozin, empagliflozin

\_\_\_\_ **Sulfonylureas** e.g. glimepiride, glipizide, glyburide

\_\_\_\_ **Thiazolidinediones** e.g. rosiglitazone, pioglitazone

\_\_\_\_ **Other** (please specify): \_\_\_\_\_

## SECTION C: CANCER

**Date of Diagnosis:** \_\_\_\_/\_\_\_\_/\_\_\_\_

**Metastatic?** \_\_\_\_ Yes \_\_\_\_ No

**Primary Site (Select One):**

|                         |                                  |                     |
|-------------------------|----------------------------------|---------------------|
| ____ Bladder            | ____ Kaposi's Sarcoma            | ____ Pharyngeal     |
| ____ Bone               | ____ Laryngeal                   | ____ Prostate       |
| ____ Brain              | ____ Leukemia                    | ____ Renal          |
| ____ Breast             | ____ Liver                       | ____ Salivary Gland |
| ____ Cardiac            | ____ Lung                        | ____ Skin           |
| ____ Cervical           | ____ Lymphoma<br>(Non-Hodgkin's) | ____ Sarcoma        |
| ____ Colorectal         | ____ Melanoma                    | ____ Throat         |
| ____ Endometrial        | ____ Mesothelioma                | ____ Thyroid        |
| ____ Esophageal         | ____ Nasopharyngeal              | ____ Urethral       |
| ____ Gallbladder        | ____ Oral                        | ____ Vaginal        |
| ____ Gastric            | ____ Ovarian                     | ____ Other:         |
| ____ Head and Neck      |                                  | _____               |
| ____ Hodgkin's Lymphoma |                                  |                     |

**Cancer Treatment (Select all that apply):**

- ☐ **RADIATION:** Start date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Expected end date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_
- ☐ **CHEMOTHERAPY:**
- ☐ **INFUSION:** Start date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Expected end date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_
- ☐ **ORAL:** Start date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Expected end date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_
- ☐ **IMMUNOTHERAPY:** Start: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Expected end date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_
- ☐ **SURGERY:** Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_  
Type: \_\_\_\_\_
- ☐ **OTHER:** \_\_\_\_\_  
\_\_\_\_\_

## SECTION D: KIDNEY DISEASE

**Date of Diagnosis:** \_\_\_\_/\_\_\_\_/\_\_\_\_ **Stage of Disease:** \_\_\_\_ I \_\_\_\_ II \_\_\_\_ III \_\_\_\_ IV \_\_\_\_ V

**Transplant Recipient?** \_\_\_\_ Yes (Date: \_\_\_\_/\_\_\_\_/\_\_\_\_) \_\_\_\_ No

**Dialysis Status:**

\_\_\_\_ Hemodialysis      \_\_\_\_ Peritoneal Dialysis      \_\_\_\_ Not on Dialysis

Date of First Treatment: \_\_\_\_/\_\_\_\_/\_\_\_\_      Date of First Treatment: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Evidence of current edema?** \_\_\_\_ Yes \_\_\_\_ No \_\_\_\_ No Record

**Evidence of current ascites?** \_\_\_\_ Yes \_\_\_\_ No \_\_\_\_ No Record

**Recent Lab Values:** Please provide values and dates below or mark "No Record."

| Lab                  | Value | Date | No Record |
|----------------------|-------|------|-----------|
| GFR (mL/min/1.73 m2) |       |      |           |
| BUN (mg/dL)          |       |      |           |
| Creatinine (mg/dL)   |       |      |           |
| Potassium (mEq/L)    |       |      |           |
| Phosphorus (mg/dL)   |       |      |           |
| Albumin (g/dL)       |       |      |           |



## SECTION E: CARDIOVASCULAR DISEASE

**Active/historical cardiovascular conditions and procedures** (Select all that apply):

\_\_\_ **Hypertension** Date of diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **Hyperlipidemia** Date of diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **Heart Failure** Date of diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **MI** Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **Stroke** Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **CABG** Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **PCI** Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

\_\_\_ **Other** (please specify): \_\_\_\_\_

**Evidence of Current Edema?** \_\_\_ **Yes** \_\_\_ **No** \_\_\_ **No Record**

**Recent Lab Values:** Please provide values and dates below or mark "No Record."

| Lab                       | Value | Date | No Record |
|---------------------------|-------|------|-----------|
| Total Cholesterol (mg/dL) |       |      |           |
| LDL- C (mg/dL)            |       |      |           |
| HDL- C (mg/dL)            |       |      |           |
| Triglycerides (mg/dL)     |       |      |           |

**Current Medications** (Select all that apply):

\_\_\_ **Cholesterol-lowering medication(s)** e.g. statins, cholesterol absorption inhibitors

\_\_\_ **Blood pressure lowering medication(s)** e.g. beta blockers, ACE inhibitors

\_\_\_ **Diuretic(s)**

\_\_\_ **Anti-coagulant(s)** e.g. warfarin, rivaroxaban

## SECTION F: WOUND(S)

Pressure Injury? \_\_\_\_ Yes \_\_\_\_ No Date of Diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Injury 1

Stage: \_\_\_\_\_

Measurement: \_\_\_\_\_

### Injury 2

Stage: \_\_\_\_\_

Measurement: \_\_\_\_\_

Surgical wound? \_\_\_\_ Yes \_\_\_\_ No Date of Diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

### Wound 1

☐ Healing ☐ Non-healing (>2 weeks)

Measurement: \_\_\_\_\_

### Wound 2

☐ Healing ☐ Non-healing (>2 weeks)

Measurement: \_\_\_\_\_

### Interventions

Wound Care/Pressure Relief? \_\_\_\_ Yes \_\_\_\_ No

Dietary Supplement? \_\_\_\_ Yes \_\_\_\_ No

If Yes, Type: \_\_\_\_\_ Frequency: \_\_\_\_\_

## SECTION G: OTHER

Diagnosis: \_\_\_\_\_ Date of diagnosis: \_\_\_\_/\_\_\_\_/\_\_\_\_

Recent Lab Values: Please provide values and dates below.

| Lab | Value | Date |
|-----|-------|------|
|     |       |      |
|     |       |      |
|     |       |      |
|     |       |      |

Current Medications: \_\_\_\_\_

Treatment Plan: \_\_\_\_\_