



Talking Points for Eligible Clients

WHO IS MANNA?

MANNA is a non-profit based in Philadelphia, with over 30 years of experience


WHAT IS INCLUDED


- XX weeks of medically tailored meals
- 21 meals per week (3 meals per day, 7 days per week) delivered once weekly
- Free, unlimited nutrition counseling sessions with a Registered Dietitian
- Nutrition tips included in deliveries
- Access to quarterly in-person or virtual nutrition education and cooking class series

CONTACT US

 420 N. 20th Street,
Philadelphia, PA 19130

 mannapa.org

 clientservices@mannapa.org

 215.496.2662 x5

ELIGIBILITY



- Your healthcare provider has identified that your health condition(s) could be improved or managed through medically tailored meals
- Studies have shown that medically tailored meals can help improve weight status, lab values, quality of life, prevent admission/readmission to the hospital, prevent infections, reduce need for certain medications, and more

ELIGIBILITY REQUIREMENTS



- Client must have capacity to store 21 meals per week, plus any dependent meals (if applicable)
- Client must have ability to heat meals, either in a microwave or traditional oven
- Client cannot experience any life-threatening food allergies
- Clients must be available or have someone in the home available between the delivery hours of 8am-5pm to accept their meals on their selected delivery day

OTHER INFO



- Menus are created by Registered Dietitians and Chefs to balance nutritional quality with taste
- Meals are prepared using fresh ingredients with the help of MANNA Chefs and Volunteers
- Meals are delivered frozen and can be stored in the fridge (up to 3 days) or freezer (up to 1 year)
- MANNA has 11 different diet modifications, which accommodate health needs, cultural preferences, and texture needs
- Up to 3 modifications can be layered on top of our standard heart healthy and diabetic friendly diet; for example, standard diet + kidney friendly + pureed + no pork
- MANNA is not a kosher or allergy-free facility

Talking Points for Eligible Clients

Who is MANNA?

- A non-profit based in Philadelphia, with over 30 years of experience

What is included?

- **XX** weeks of medically tailored meals
- 21 meals per week (3 meals per day, 7 days per week) delivered once weekly
- Free, unlimited nutrition counseling sessions with a Registered Dietitian
- Nutrition tips included in deliveries
- Access to quarterly in-person or virtual nutrition education and cooking class series

Your Eligibility

- Your healthcare provider has identified that your health condition(s) could be improved or managed through medically tailored meals
- Studies have shown that medically tailored meals can help improve weight status, lab values, quality of life, prevent admission/readmission to the hospital, prevent infections, reduce need for certain medications, and more

Eligibility requirements

- Client must have capacity to store 21 meals per week, plus any dependent meals (if applicable)
- Client must have ability to heat meals, either in a microwave or traditional oven
- Client cannot experience any life-threatening food allergies
- Clients must be available or have someone in the home available between the delivery hours of 8am-5pm to accept their meals on their selected delivery day

Other important information

- Menus are created by Registered Dietitians and Chefs to balance nutritional quality with taste
- Meals are prepared using fresh ingredients with the help of MANNA Chefs and Volunteers
- Meals are delivered frozen and can be stored in the fridge (up to 3 days) or freezer (up to 1 year)
- MANNA has 11 different diet modifications, which accommodate health needs, cultural preferences, and texture needs
- Up to 3 modifications can be layered on top of our standard heart healthy and diabetic friendly diet; for example, standard diet + kidney friendly + pureed + no pork
- MANNA is not a kosher or allergy-free facility